

A field guide to making room.

Small, repeatable ways to notice, collect and shape a creative practice around the life you already have.

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3

CHAPTERS

4

PAGES

In these pages.

Notice before naming

02

Build a small archive

03

Make one clear thing

04

Notice before naming

Start without a conclusion. Look at the nearest surface, the light on it, and the small marks left by use. Name only what you can actually see. Description slows the jump from observation to opinion.

Take one page and divide it into two columns. In the first, write observations. In the second, write possible interpretations. Keeping the columns apart makes your assumptions visible and gives another reader room to disagree.

The useful result is not a beautiful notebook. It is a more specific question. Return to one observation tomorrow and see what has changed.

Build a small archive

Collect fragments with enough context to remain useful: where you found them, why you noticed them, and what you might want to try. A sentence without a source becomes harder to trust each time it is copied.

Choose a modest rhythm. One reference, carefully described, can be more useful than a folder of a hundred unexplained screenshots. The archive should make the next piece of work easier to start.

Make one clear thing

Pick one idea from the archive and give it a visible form. A paragraph, a drawing, a page, or a simple prototype is enough. Choose the form that makes the question easier to examine.

Leave a margin for what you do not know. Ask one person what they noticed first. Their answer is a useful observation, not a verdict on the work. Revise one thing and record what changed.